



From Busy to Better

Luke 10:38–42: ³⁸ As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. ³⁹ She had a sister called Mary, who sat at the Lord's feet listening to what he said. ⁴⁰ But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!" ⁴¹ "Martha, Martha," the Lord answered, "you are worried and upset about many things, ⁴² but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her."

Mark 10:43–45: "Whoever wants to become great among you must be your servant... For even the Son of Man did not come to be served, but to serve."

Matthew 6:33: "But seek first the kingdom of God and His righteousness, and all these things will be added to you."

"... Jesus' counsel to Martha implies neither wholesale reproof of work nor a categorical approval of leisure. Everything hinges, rather, on the significance of the moment." - John Chrysostom

Luke 10:27: "'Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind[a]; and, 'Love your neighbor as yourself.[b]"

John 15:4–5: "Abide in me... apart from me you can do nothing."

There will always be more to do. But time with Jesus doesn't happen by accident—it happens by choice.

What's pulling you away from spending time with Jesus?

Depth is threatened by distraction.

All scriptures referenced are from the New International Version (NIV) translation of the Bible unless otherwise indicated.