



The Importance of Worship

Psalm – A sacred song; a poetical composition for the use in the praise and worship of God

“The Christian church sings. It is not a choral society. Its singing is not a concert but from inner, material necessity it sings. Singing is the highest form of human expression...” Karl Barth

EPISODIC MEMORY: remembering events and the feelings associated with these events from the past

SEMANTIC MEMORY: knowing in a factual type or recollection

NUCLEUS ACCUMBENS: where dopamine is released

AMYGDALA: processes and triggers emotion

Alive Inside



Matthew 26:30: they had sung a hymn, they went out to the Mount of Olives

Hallel: Psalms 113 to 118:

HIPPOCAMPUS: produces and retrieves memories, regulates emotional responses

CEREBELLUM: coordinates movement and stores physical memory

Luke 22:19 : ..and he took bread gave thanks and broke it, and gave it to them saying this is my body given for you. Do this in remembrance of me

Colossians 3:16: Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts

kara.davis@trygrace.org