

BRAVE NEW YOU

05/26/2024 “Sacred Sex”

1. How do you tend to demonstrate love: quality time; serving each other; giving/receiving gifts; words of affirmation; or, physical touch.
2. Pastor John’s message focused on the power of sex within a committed relationship. What did you find most helpful or surprising? Why?
3. How does this message relate to different relationship statuses—single, married, divorced, widowed, etc.?
4. Read Genesis 2:15-24. What do you think is meant by “they would become one”?
5. How does Genesis 2:15-24 relate to “sacred sex”? What impact does sex have on two individuals?
6. Why do you think we are biologically wired this way?
7. What are the risks that come from misunderstanding the way our bodies are wired to bond with one individual?
8. How does commitment impact our ability to experience love?
9. The acronym S.E.X. stood for Speech, Effort, X-factor. Which one of these do you feel is most natural to you?
10. What was your main take away from this Sunday’s message? How does that impact your understanding of God or yourself?