



04/26/2020 The Habit That Matters Most

1. Have you watched Tiger King on Netflix? What is your COVID-19 go-to distraction these days?
2. Read John 6:16-21. What jumps out at you from this passage?
3. What do you remember from Sunday's sermon. How was it helpful?
4. This week's tip for your slightly improved life is "Control Your Content." What do you think that looks like?
5. How has your content intake changed? What is new and what is absent?
6. The disciples took Jesus into the boat and immediately reached their destination. What storm are you currently facing (be specific)? How is it impacting your faith?
7. What does it look like to take Jesus into your life?
8. John talked about Jesus as the new Adam. Read Genesis 3:1-10 and Romans 5:12-19. What negatives do you notice about Adam's behavior and how is Jesus the antithesis of those things?
9. John talked about having the mindset of Christ. Read Philippians 2:1-10. How do those verses underscore the importance of controlling our content? Which verses speak to you?
10. The Delancey Street program in San Francisco has two main principles: you are responsible for someone else and every problem must be confronted. Do you see any connections to Biblical principles?
11. Consider reading Proverbs 4:23 to shape your prayer requests and prayer time.