

## Focus of Week 8:

This is the final week of the series on Lamentations. Surprisingly this book does not end with resolution. Instead, it sits on the edge of hope. The people ask God to help them return to Him, to restore them. Despite their pain, they reach out to God.

## Connect:

- 1. What has been your biggest take-away from this series? Why does that matter to you?
- 2. Where have you seen God working in your life through this series?

## Discuss:

Following the destruction of Jerusalem and the temple, there is a period of about 80 years before the people return from exile in Babylon and the discussion of rebuilding the temple takes place. Yet, in that moment they turn to God. They put their hope in Him and His plan for Israel. Their prayer focuses on their return to God through humility and repentance.

Read Deuteronomy 4:25-40.

- 3. What stands out to you from these verses? Why?
- 4. The destruction of Jerusalem is a partial fulfilment of this warning against disobedience. What is the hope that is offered in these verses?
- 5. What would you say is the main message of these verses?
- 6. What picture of God do these verses paint? What do they reveal about humanity?
- 7. Read 1 John 1:1-10. What do you think of this passage's claim that we all have sinned and we all need to confess that sin?
- 8. What role might confessing have in restoring hope?
- 9. When we confess our disobedience what does God say he will do? How does this relate to what you read in Deuteronomy 4:25-40?
- 10. Identify one or two areas in your life or in your thoughts that need to return to God. How could you see this change bring about hope? Try to be specific.
- 11. Take time as a group to discuss the ACTS acronym given during Sunday's message. Then use it to guide your time of prayer as a group.

Adoration, Confession, Thanksgiving, Supplication